

VJK KB Diksmuide 26: Session: 5: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Smedt Leny HEADCOACH

Coaches: Bijloos Annie

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 51: 200M BREASTSTROKE MEN 15-16							Heat:2, starttime: 09:03	
Heat: 2/2 Lane : 8 Athlete: VERHULST MEINDERT							Q-time: 02:37:49	
PB (25m pool): 02:37.49 TEMSE 23/11/2025				PB (50m pool): 02:40.58 SB: 02:37.87 EEKLO 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.30		01:15.85		01:57.67		02:37.49
	00:35.30		00:40.55		00:41.82		00:39.82	
								

Coach feedback:

Event number: 58: 200M BUTTERFLY WOMEN 15-16							Heat:2, starttime: 10:31	
Heat: 2/2 Lane : 8 Athlete: VAN DEN BREMT SARAH							Q-time: 02:35:66	
PB (25m pool): 02:35.66 T ROSCO 12/10/2025				PB (50m pool): 02:36.88 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.54		01:13.97		01:54.71		02:35.66
	00:34.54		00:39.43		00:40.74		00:40.95	
								

Coach feedback: